All Saints
Methodist Church
Appleford Drive
Abingdon
www.allsaintsabingdon.org.uk
Registered Charity: 1184115

Trinity Church
Methodist & United Reformed
Conduit Road
Abingdon
www.trinityabingdon.org.uk
Registered Charity: 1148634

Presbyter: Rev. Georgina Bondzi-Simpson
g.bondzi-simpson@methodist.org.uk / 01235 219070
Administrator: Eluned Hallas: 01235 520282.
office.allsaintsab@gmail.com / *trinity.abingdon@gmail.com*

Notices
Sunday 15 November 2026

All Saints	Trinity
Sunday 15 November **10:30am** Morning Worship led by Elizabeth Wood	**Sunday 15 November** **10:30am** Morning Worship led by Rev. Wayne Hawkins
Sunday 22 November **10:30am** Morning Worship led by members of the congregation	**Sunday 22 November** **10:30am** Morning Worship & Communion led by Rev. Georgina Bondzi-Simpson Followed by the **Annual Church Meeting**

The Deadline for the December / January Edition of the Triangle is Friday 20 November.
An opportunity to send a Christmas message to Trinity / All Saints friends. Please send contributions to Cynthia (cynbartlett@yahoo.co.uk) AND to Val (vadalby17@gmail.com) or via the Office

CHURCH NEWS

TRIANGLE IS AT RISK!

We urgently need new members of the Triangle Editorial Group, as some of the current group have had to step back for health or other reasons. We meet each month to look at the material for the next month's issue. One person takes responsibility for each issue, collating the material and liaising with Mike Coleman who sorts out the printing side of things. With a group of about six people, that "turn" comes up only a couple of times a year and is not too onerous, hence the need for new members.
If you interested, and reasonably confident in using your computer (especially Word), please speak to Pauline Main or Cynthia Bartlett for further details.

Circuit Showcase Day - 16th January 2027

Please see the letter at the end of the notices from Revd Georgina regarding the Circuit day in January to which everyone is invited. For catering purposes please add your name to the sheet in the foyer / welcome area ***by Sunday 6 December*** if you are able to attend.

Christmas Day lunch 2026

Once again we are offering a Christmas Day lunch at Peachcroft Christian Centre. This is for people who are going to be alone this Christmas, for whatever reason, but who would like to celebrate in the company of others. Our catchment area is Abingdon and surrounding villages. Transport can be provided for those unable to make their own way. The lunch is always a joyous occasion, enjoyed by guests and volunteers alike.
If you know of anyone who might benefit from joining us as a guest this year, please get in touch on: 07503 178893 or via email: christmaslunch26@peachcroftcc.org

Looking for volunteers

Helper on the day (attending the day essential 11am - 4:30pm): Can you bring hospitality, kindness and fun? Can you chat with guests whilst eating Christmas lunch? Can you serve and clear tables? Can you set up and pack down with Christmas cheer?
Clean up crew (attending from 3pm) Can't attend the whole day but can bring some energy to the clean up, we would love to have you.
If interested in either roles, please email jay.elliott@peachcroftcc.org .

All Saints/Trinity Advent Bible study - Advance notice.

Our joint Bible studies will be held on ***Friday November 27th, Friday December 4th, Friday December 11th and Friday December 18th***. We will meet in the Perry Room at All Saints from 2-3.30pm and this year we will be looking at the opening chapter(s) of each of the Gospels, as they tell of the birth of Jesus.
Week 1 will be Matthew Chapter 1, Week 3 Luke Chapter 1 and verses 1-7 of chapter 2, and Week 4 - John Chapter 1 v. 1-14.
Week 2 (December 4th) coincides with the Singing group and, as Mark simply tells us of 'the beginning of the Good News about Jesus' , we will sing about that Good News and explore some of the themes of our well-known carols.
All are welcome to come to one or more of the studies as they all 'stand alone'.

Future Pillars Zambia: the latest newsletter is now out. See https://drive.google.com/file/d/1fTAdGGvsKtLYWIUo6HGeZcnTUsEoPVQN/view or ask Rosemary for a hard copy.

Foodbank: the following items are needed – UHT milk (whole and semi-skimmed) instant coffee, fruit squash, chocolate spread, hot chocolate, tinned macaroni cheese, tinned custard, tinned fruit as well as anti-bac surface spray, bleach and nappies (size 5-8). Very many thanks. *JPB*



Advent Coffee Morning and Christmas Tree Decorating
Saturday 28th November 10:30 – 12.00

Come along to the Advent coffee morning
and help to decorate our Christmas Tree by making a star
(materials provided)
or bring your own home-made star

TRINITY NEWS

The **Annual Church Meeting** will take place after Service on **Sunday 22 November**. Papers available online, some hard copies in the Welcome Area.

The **Record of the URC General Assembly 2026** has now been published: https://urc.org.uk/wp-content/uploads/2026/10/Record-of-Assembly_2026.pdf

Lost property: we have a few kitchen items - serving spoons etc left behind after the Black History Month supper; plus a purple/blue coat, a green coat and a grey cardigan (from earlier) – all left in the Conduit Centre. If you think anything might be yours do pop in and take a look as they will otherwise be donated to charity.

The November **URC Sharing the Vision** is now available from https://www.urcwessex.org.uk/sharing-the-vision-november-edition/

DATES FOR THE DIARY

Saturday 14 November, St Michael's Christmas Fair, 10.00 am - 2.00 pm. There will be an exciting range of craft and gift stalls plus a raffle with generous prizes and fun activities for children. Proceeds to church funds and Sobell House.

Quiet Garden Day, Saturday 28th November 2026 10am - 4pm at Aston Tirrold Centre for Reflection**,** Spring Lane, Aston Tirrold, OX11 9EJ. Sue Sheppy will lead on the theme *Great Expectations.* Refreshments are provided, but please bring a packed lunch. A donation of £10 would be welcome. To attend it would be helpful to email: atquietgardendays@gmail.com in advance. All are welcome.

Sunday 29 November, The Abingdon Bridge annual Christmas Carol Concert , A tender shoot. An informal Christmas concert for all ages in support of the Abingdon

Bridge. Hear and sing beautiful music and then join us for refreshments. St Michaels Church, 2 pm. Tickets £10 (£2.50 under 16s) from: https://www.ticketsource.com/the-abingdon-bridge

Advance Notice: All Saints is hosting a morning and an afternoon **'Moving Music Concert'** on Tuesday 1 December. All welcome but particularly those living with dementia along with their family, friends and carers. See page 6 with details of how to book in advance.

ALL SAINTS NEWS

Derek Kay: After a long period in hospital this summer, Derek has decided to move into Nursing Care at The Beaumont Care Community on Boars Hill. He seems to be settling in well and joins several other All Saints members in residence there. *Diane Livesley*

Coffee Rota: I will be compiling the 2027 Coffee Rota in the next week or so. It would be great if we could have a few more 'regulars' to join the rota as we have, sadly, lost some faithful volunteers during this year. Please can you contact me after the service or by phone on 07798877882 as soon as possible if you feel you can join us. *Many thanks, Diane Livesley*

Date for your Diary: Saturday 5th December at 2pm will be the initial **Dementia Friendly Service held at All Saints** as part of the Growth Plan agreed at the AGM. Please come yourselves and support this initiative for our community. There are flyers detailing information about this new venture so if you know of anyone who may like to attend with their carer please do give one to them - collect from Sue, Susan or Richard Matthews or take them from the bookstand in the foyer. Many thanks.

Do you cook for one and eat alone? Having this experience myself I would like to offer anyone in a similar position a 'one pot' meal on **30th November** at 6pm. Depending on numbers it maybe a bring your own tray! Please let me know if you would like to join me. ***Sue Russell & two friendly dogs*** 📞 07801 015498

Home Alone on Christmas Day? If so, would you like to come to my home for a Traditional Day? Tel: 07709955189 / rgstanbury@aol.com *Rosemary*

Rosemary writes - The last Future Pillars **fundraising dining experience** for this year is at 6.30pm on **Friday, 27th November**. (NB - change of date.) Feasting - the Rajasthani Way - mild, medium or hot. Please book by 07709955189 or rgstanbury@aol.com. I look forward to another happy evening.

Emergency Briefing: On ***Thursday 19 November*** our friends at Christchurch are showing a public viewing of ***The People's Emergency Briefing***. This is a 50-minute film which presents an evidence-based overview of how the climate and nature crisis is affecting everyday life in Britain - and what the science says about risks and responses. It brings together leading UK experts in climate science, food security, health, economics, national security and nature to address these issues, hosted by Chris Packham. To book your place follow the link People's Emergency Briefing (19-Nov-2026) ·

ECO TIP for NOVEMBER

Everlasting chemicals (PFAs) in your home. This week the government announced a year long large scale (20,000 people) health study into the concentration of everlasting chemicals in people in the UK. When the results are in we will still not know how PFAs damage our health – though there are some disturbing studies in animals showing changes in the reproductive system, immune system and links to certain cancers – but we will know how much they have accumulated in people in the UK since the 1950s. In the meantime it is best to avoid PFAs when you can by:

- replacing nonstick cookware with stainless steel, cast iron, glass, or ceramic;
- avoid heating food in grease-resistant packaging or plastic
- choosing waterproof outdoor clothing and shoes without stain-repellent finishes – buy PFAs free waterproof sprays for waterproofing
- Looking out for PFAs in cosmetics (e.g. hair conditioner, foundation cream, sunscreen etc.) and household cleaning products and buying alternatives
- filter tap water using a filter system that will remove PFAs
- if you have a pet use a flea treatment which is PFAs free

Useful websites:
https://www.bbc.com/news/articles/cwly4ejrr72mo
https://www.gov.uk/government/publications/pfas-general-information/per-and-polyfluoroalkyl-substances-pfas-general-information
https://chemtrust.org/pfas/
https://www.theguardian.com/lifeandstyle/article/2024/may/25/can-i-eradicate-toxic-forever-chemicals-from-my-home
https://www.bbc.com/news/articles/ce8z8pv1e0ko
https://www.dwi.gov.uk/pfas-and-forever-chemicals/

https://news.cancerresearchuk.org/2023/12/11/pfas-and-cancer-what-do-we-know-about-forever-chemicals/

Presented by

SOUND RESOURCE
wellbeing through singing and music

Moving Music Concerts

Season's Greetings!

Christopher Redgate
(oboe, piano)
and
Celia Redgate
(flute, violin)
with sing-along songs
led by
Hannah Davey

01 TUESDAY **DECEMBER** 2026

11:30am - 12:30pm
entry and refreshments:
From 11:00am-11:30am

2:00pm - 3:00pm
entry and refreshments:
From 1:30pm -2:00pm

All Saints Church,
All Saints Church, Appleford Drive, Abingdon, OX14 2AQ (entrance and car park on Dorchester Crescent)

PARKING & ACCESS details on www.soundresource.org.uk/events

ADMISSION CHARGE **GUIDE**

PAY WHAT YOU CAN **£8**

ALL ARE WELCOME

Particularly people living with dementia along with their family, friends and carers

Please reserve your places in advance via the website or by email

01865 251305 movingmusicconcerts@gmail.com www.soundresource.org.uk

SUPPORTED BY:

The Michael Bishop Foundation

COMMUNITY FUND

Sound Resource is a registered charity, No. 1149820.

TheMusicLicence

Wantage & Abingdon
METHODIST CIRCUIT

Dear Friends,

Circuit Showcase Day
Saturday 16 January 2027
The Carmelite Centre for Spirituality, Carmelite Priory, Chilswell, Boars Hill, Oxfordshire OX1 5HB

We are delighted to invite you to our Circuit Showcase Day and hope that as many people as possible will be able to join us.

We have chosen to hold the event away from Circuit premises so that everyone can participate fully in what we hope will be an engaging, interactive, and enjoyable day.
Churches will be invited to share key developments arising from their Growth Action Plans (GAPs). The purpose of the day is to learn from one another, celebrate the progress made through last year's hard work, and encourage one another as we continue to respond to God's call in our shared mission and ministry.

One of the themes that has emerged from our Growth Action Plans is the need to strengthen digital communication across our churches. We are therefore delighted that Matt Forsyth, District Mission Enabler Team Leader, and Naomi Ensor, Digital Enabler, Mission Team, will be leading sessions on how we can share our stories more effectively, both in person and through digital platforms.

These sessions will also provide an opportunity for Matt and Naomi to see some of our Growth Action Plan initiatives first-hand and to hear directly from churches about their plans, experiences, and needs. Following the Showcase Day, Naomi will be in a better position to help us organise a Circuit-wide digital communications training day, which we hope to offer within six weeks of the event.

Please encourage as many people as possible to attend. For catering purposes, please let Jane know the number of people attending from your church, together with any dietary requirements or access needs, by Thursday 10 December.

Thank you in anticipation of your support and participation in this exciting opportunity to celebrate, learn, and grow together.

Yours in Christ,
Rev Georgina Bondzi-Simpson
Superintendent Minister, Wantage and Abingdon Circuit

Will you be on your own this Christmas?



Peachcroft Christian Centre
invite you to join us for lunch on
Christmas Day



Enjoy a 2 course meal of
roast turkey and all the trimmings (vegetarian option available),
and the company of others
all free of charge.

If you or someone you know would like to come
please get in touch as booking is essential.
via email: christmaslunch26@peachcroftcc.org
Or phone: 07503 178893



Venue:
Peachcroft Christian Centre
Lindsay Drive, Abingdon, OX14 2RT