



**All Saints  
Methodist Church**  
Appleford Drive  
Abingdon  
[www.allsaintsabingdon.org.uk](http://www.allsaintsabingdon.org.uk)  
Registered Charity: 1148634




**Trinity Church  
Methodist & United Reformed**  
Conduit Road  
Abingdon  
[www.trinityabingdon.org.uk](http://www.trinityabingdon.org.uk)  
Registered Charity: 1184115

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## Notices

### Sunday 1 September Worship

All Saints	Trinity
<b>Sunday 1 September</b> <b>10:30am</b> Morning Worship led by Ian Sturt	<b>Sunday 1 September</b> <b>10:30am</b> Morning Worship & Holy Communion Revd Georgina Bondzi-Simpson
<b>Sunday 8 September</b> <b>10:30am</b> Morning Worship & Holy Communion Revd Georgina Bondzi-Simpson	<b>Sunday 8 September</b> <b>10:30am</b> Morning Worship led by Deacon Selina & members of the congregation
<b>Sunday 8 September, 6.30pm, Circuit Service at Wantage</b> June Grunwald is to be commissioned as a Chaplain. Wantage Methodist Church look forward to <i>welcoming people from 5pm</i> when tea and cake will be available.	

**Foodbank: Current needs** are coconut milk, flour, honey, Pot Noodles, stir fry noodles, kidney beans, lentils and gluten free items as well as deodorant and shampoo. *As ever, thank you for your continued support*

**Friday 13 September Oxford Centre for Spiritual Growth:** Places are now available for OCSG's free event entitled 'Talking of Mindfulness', 5.30 pm to 7.30 pm at St Michael at the North Gate Church, Oxford. A talk given by author **David Harper, an accredited Local Preacher in the Methodist Church** for 25 years. Until 2019, he worked for the University of Oxford for more than 30 years, finally as the Bursar for Blackfriars Hall. He was for some years the treasurer of the Association of Bible College Bursars. The talk will be based around David's recently published book, *A to Z of Mindfulness for Christians*. There is no charge for tickets, but the organisers ask that tickets be booked in advance for catering. On-line participation is also possible and again please book so that the organisers can send the live-stream link.

<https://www.ocsg.uk.net/event/talks-on-mindfulness/>

## ALL SAINTS NEWS

The flowers decorating All Saints this weekend are given in loving memory of Marion who died on the 1st September 2022 while we were on holiday in Colorado. Thank you to the flower designers led by Jenny Caddy who have arranged the flowers so beautifully. *Paul*

**Quest** will meet for the beginning of our new session on **Wednesday September 4th** at 7:45 at Valerie and Alan's.

 **Friday Coffee now on 13th September.** Please join us for coffee, tea, cakes, friendship and fellowship.

**Oxford Historic Churches Trust** annual *Ride and Stride* will take place on *Saturday 14th September* from 10am to 6pm. I am asking for Welcomers who can spare a few hours at All Saints to greet Striders. Please contact me if you can help on 01235 521300. *Thank you, Margaret Hoskins*

**Knitters Needed:** Eileen Appleyard is co-ordinating the knitting of Baby Sets at the JR Premature Baby Unit. If you can help, ask her for a pattern or download from <https://www.allsaintsabingdon.org.uk/lib/knitting-pattern-F874202.pdf> Please let Eileen know if you hope to help. Thank you

**Gardening Help:** If you enjoy gardening and have time to help maintain the gardens at All Saints please have a word with John and Marian Orchard, any help would be much appreciated.

**Notice Board:** You may have noticed a new white board in the newly decorated hall. This has been placed there by the Scouts and Guides. They are more than happy for anyone to use it, but please *make sure you use non-permanent markers.* *JPB*

## TRINITY NEWS

**Notice Boards:** you may have noticed some re-arrangement of the content of the notice boards in Church. Any general interest posters (community events etc) are now on the board in the south porch – why not take a look?

The main boards in the Welcome Area are for church related notices. Rotas etc are displayed on the board immediately after the door from the west porch.

**A reminder:** weekly ‘diaries’ showing sessions booked in all Trinity rooms are displayed in both entrance lobbies in the Conduit Centre, and on the rota board in Church. Do check whether the space you want to access is free before planning your visit (or email the Office) - it may save you a journey.

**Reform Magazine:** Trinity has been sent some copies of *Reform* featuring the latest news about the URC Church Life Review plus lots of other interesting articles. Do borrow a copy from the Welcome Area to read more.

The **balcony stairs wall** is now finished, and looks, I think, as we would want it to. Plastering of the North Transept and Nave walls is planned for mid-October.

*Malcolm Newton*

**September 8th** is a local arrangement service which I am leading. To honour the fact that it is a LA it would be good to share this service with others. As it is Education Sunday the theme will be "education." **If you feel you would like to be involved please let me know.** *Selina*

### **Ride & Stride - Saturday 14th September 2024**

Visit as many churches as possible on the day, with 50% of the money raised coming to Trinity and 50% to the Oxfordshire Historic Churches Trust who gave a grant to Trinity for the recent Conduit Centre project. Want to take part? Get a sponsorship form and a list of open churches from Alastair.

Can you help as a Welcomer? We need volunteers to create a warm welcome for other Riders and Striders between 10am and 4pm. A rota is available at the back of the church. *Alastair*

## NEWS & DATES

Would you like to try Circle Dancing? Circle dance originates in traditional village dances from across the world, and now includes modern choreographies inspired by them. It puts us in touch with people all over the globe and down the ages, as well as connecting us to the rhythms of the earth and the cycle of the seasons. We are **holding an introductory, free, session on Monday 9th**

**September** between 7.30pm and 9.15pm at St Helen's Church Hall, Abingdon.

Please do come along and join us if you are interested.

Circle Dance is community dance, so partners aren't needed, and participation is more important than performance. Dances are always taught, and our

introductory session will introduce some of the basic step patterns which frequently occur. Although there are some very complex and energetic dances in the repertoire, we will be focussing on some of the simpler, gentler dances from a variety of sources. There will be some experienced dancers who will help with the learning. You don't need special clothes, but something loose and comfortable, with light, soft shoes, is a good idea. We usually have a short break mid-way through the evening.

This session is free! If people want to continue, the group meets regularly on the second Monday in the month and participants are asked to contribute £7.00 to cover expenses.

For further information please contact Diane Livesley 07798877882

**Sunday, 1 September Faith Forum** in the Parish Centre, St Helen's. A buffet lunch will be available from 12.30 pm, with the talk beginning at 12.45 pm. Those unable to attend in person will be able to join via Zoom. The autumn series will look at different ways of engaging with scripture. The first talk of the series, by John Barton, will be on '*Understanding the Bible*.'

**Blue Sky Eco-Café:** First Tuesday of the month (so **3 September**), Long Furlong Community Centre, noon-2pm. Organic, seasonal & locally sourced, plant based wholefood ingredients, vegan & gluten free options.

<https://blueskyecocafe.org.uk/>

**Quiet Garden Day at Aston Tirrold Centre for Reflection on Saturday 21 September**, 10 am - 4 pm. Leader: Josie Midwinter. Theme: Landscape of Hope based on Heather Holdsworth's thoughts on Psalms 1 and 8. Refreshments are provided, but please bring a packed lunch. A donation of £10 would be welcome. To attend it would be helpful to email: [atquietgardendays@gmail.com](mailto:atquietgardendays@gmail.com) in advance. All are welcome.

**OMG! A Bad Christian's Book of Prayers – an evening with Rev. Dave Tomlinson, 8<sup>th</sup> October, All Saints Methodist Church**

At 7.30pm on Tuesday, 8<sup>th</sup> October, Rev. Dave Tomlinson will be speaking about his new book about prayer. Before retirement Dave was vicar of St Luke's, N. London and he now provides a weekly 'Holy Shed' podcast. In his latest book for those he celebrates as 'bad Christians', Dave explores the idea that prayer is not so much a religious activity as a universal human instinct, something we all do, one way or another, whether we realise it or not. This is an open meeting and all are welcome. More information from Cliff Marshall

( [cliff.marshall@pcnbritain.org.uk](mailto:cliff.marshall@pcnbritain.org.uk) )