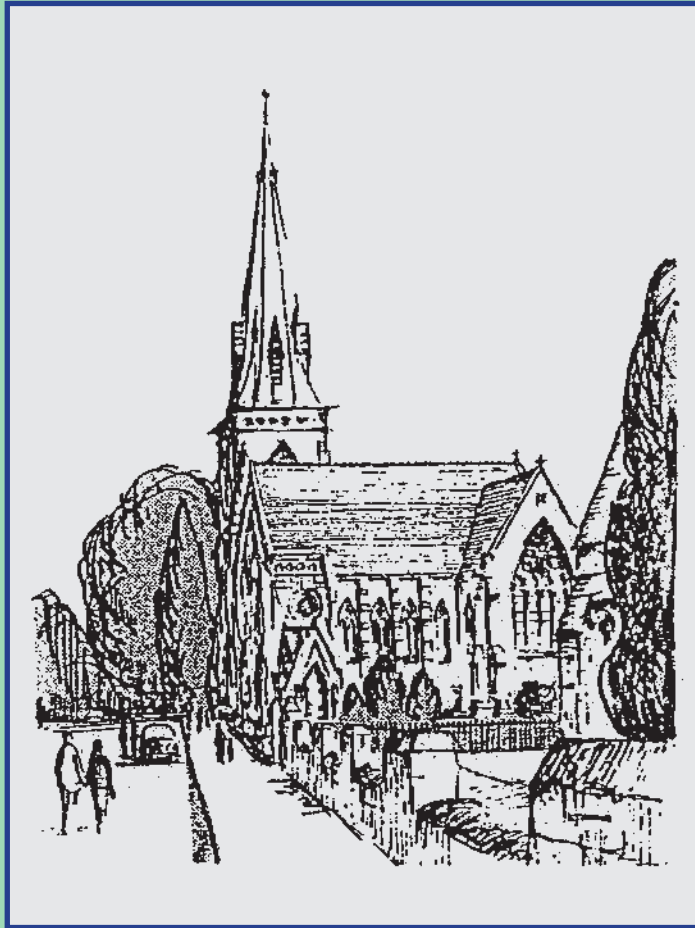




TRINITY TRIANGLE

JUNE 2026



'Serving God, serving each other, serving community'

TRINITY CHURCH

Methodist/United Reformed/Church in Abingdon

Conduit Road, Abingdon

TRINITY'S WEEK

Sunday Services at 10.30 am, occasionally in the evening.

Junior Church meets on the first Sunday morning of the month during the Church Service. It is designed for children who are aged 3+ and parents may stay with their children if they wish. Holy Communion is normally celebrated at 10.30 within the morning service as announced in the Calendar.

| | |
|------------------|------------------------------------------------------------------------------------------------------|
| Monday | 2.30 pm Evergreen Club: 3rd Monday in month. 5.30 pm Beavers. 6.45 pm Cubs. 7.30 pm Scouts. |
| Tuesday | 7.30 pm Abingdon Operatic Society. |
| Wednesday | 5.15 pm Brownies. 7.00 pm Guides. |
| Thursday | 9.30 am Toddler Group. 7.30 pm Thursday Group. 2nd Thursday in the month. |
| Friday | 10.00 am Prayer Support Group (in their homes). 9.30am Coffee 10-10.45am. Abingdon Larder (SOFEA) |
| Monthly | 7.30 pm Friendship Group - see calendar. |

Conduit Centre, Conduit Road, Abingdon OX14 1DB

Church Office Manager: Eluned Hallas, Tel 520282

e-mail: trinity.abingdon@gmail.com

Office open : Thurs and Fri 9.30am -4.30pm. Closed Mon, Tues, Wed

TrinityLearning: Education Development Officer: Nicola Williams, Tel. 07754 116004

e-mail: nic.trinitylearning@gmail.com

JUNE

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Prayer

Lord God

*You have made us in your image.
May we see you in all that we experience,
and serve you in all that we do,
through Jesus Christ our Lord.
Amen.*

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Distribution

Through Church
Office

The editors reserve the right to edit articles.

Trinity Website: www.trinityabingdon.org.uk

Minister's Letter

“...sweeter also than honey and drippings of the honeycomb.” (Psalm 19: 10)

If you've ever struggled to make sense of the Bible, you're not alone! Even though it has been a source of spiritual guidance and moral authority for millions of people over so many centuries, some find it confusing or even contradictory. And yet, David, a man after God's own heart (Acts 13:22), says of Scripture - "More to be desired are they than gold, even much fine gold; sweeter also than honey and drippings of the honeycomb." I wonder what your take on the Bible is. Do you believe it is inerrant? Do you agree that scripture is inspired by God and serves as the ultimate guide for faith and practice (2 Timothy 3:16)? Are you convinced by the idea of the dynamic and penetrating nature of Scripture, capable of transforming lives (Hebrews 4:12)?

I wonder where you stand on these and many other proclamations made about the Word of God.

There are countless resources provided by various church traditions, which help local churches and individuals to make sense of the Bible and encourage Christians to nurture discipleship by developing the habit of reading the Bible regularly. Bible Month, which provides an annual opportunity for the whole Methodist Connexion to indulge in one particular book of the Bible together, is one of such resources.

The Methodist Church shares with other ecumenical partners the conviction that, "The Bible is the record of God's self-revelation, supremely in Jesus Christ, and is a means through which he still reveals himself, by the Holy Spirit;" (A Catechism for the People Called Methodists) and that through Scripture, the living Christ meets us in the experience of redeeming grace.

In verses 7-10 of Psalm 19, a Psalm described by C.S. Lewis as "the greatest poem in the Psalter and one of the greatest lyrics in the world" (Reflections on the Psalms), each phrase contains a synonym for the law of the Lord — law, decrees, precepts, commandment, fear, ordinances; and are a reference to the word of God revealed in the Scriptures.

I believe that Western society is so familiar with the Bible that we take it for granted and too often fail to appreciate the means of grace that Scripture is. Psalm 19 invites us to realise the miracle that we hold in our hands, celebrates what God has done and continues to do through the Scriptures: God revives the soul, makes wise the simple, enlightens the eye, endures forever, and is altogether righteous. Mahatma Gandhi, the famous spiritual and political leader of India, said, "You Christians look after a document

containing enough dynamite to blow all civilisation to pieces, turn the world upside down and bring peace to a battle-torn planet. But you treat it as though it is nothing more than a piece of literature.”

Is it not amazing that God gives us guidance on how to live? Is it not good news that the laws of the Bible are to be treasured as gracious gifts from God? I believe it is and I celebrate with the psalmist who is overjoyed to be part of the people that God has blessed with the laws and promises of Scripture.

The Bible can, indeed, be puzzling; but it is, without a shadow of doubt, a continuous source of inspiration and direction in our lives. The texts were written and gathered together over a long period of time and translated from a number of languages. This is why it is important, when handling Scripture, to find out as much as we can about the original contexts in which those texts were produced. In our attempts to grasp its meaning, we must involve tradition, experience and reason, in accordance with Wesleyan heritage. It is also good practice for Christians from different traditions to engage with each other in healthy discussions on how the Bible applies to issues in our contemporary world - guided and empowered by the Holy Spirit.

One of the main ideas that I have picked up from churches across the Circuit is the need for discipleship through study of the Word and prayer. We are truly blessed to have the Bible at our disposal, free to read and discuss. God does not offer a formula that produces fully mature Christians overnight. Christian growth comes through persistent perseverance of applying what we read, hear and learn and obeying it.

What better way to conclude this than by remembering that ageless Sunday School song, “Read your Bible, pray every day if you want to grow!”

Every blessing in this Pentecost season.

Georgina

Eternal God, all powerful and merciful,
Your word is a torch for our path
And a light for our way.
Open our eyes and enlighten our spirit
That we may understand your revelation
In all its purity and holiness.
May it transform our lives
And make us worthy to bear your image.

Psalm 19: 'A psalm of David'

- 1 The heavens declare the glory of God;
the skies proclaim the work of his hands.
- 2 Day after day they pour forth speech;
night after night they reveal knowledge.
- 3 They have no speech, they use no words;
no sound is heard from them.
- 4 Yet their voice[goes out into all the earth,
their words to the ends of the world.
In the heavens God has pitched a tent for the sun.
- 5 It is like a bridegroom coming out of his chamber,
like a champion rejoicing to run his course.
- 6 It rises at one end of the heavens
and makes its circuit to the other;
nothing is deprived of its warmth.
- 7 The law of the LORD is perfect,
refreshing the soul.
The statutes of the LORD are trustworthy,
making wise the simple.
- 8 The precepts of the LORD are right,
giving joy to the heart.
The commands of the LORD are radiant,
giving light to the eyes.
- 9 The fear of the LORD is pure,
enduring forever.
The decrees of the LORD are firm,
and all of them are righteous.
- 10 They are more precious than gold,
than much pure gold;
they are sweeter than honey,
than honey from the honeycomb.
- 11 By them your servant is warned;
in keeping them there is great reward.
- 12 But who can discern their own errors?
Forgive my hidden faults.
- 13 Keep your servant also from wilful sins;
may they not rule over me.
Then I will be blameless,
innocent of great transgression.
- 14 May these words of my mouth and this meditation of my heart
be pleasing in your sight,
LORD, my Rock and my Redeemer.

CHURCH FAMILY NEWS

We were sorry to hear of the death of Mary McIlwrath who died, peacefully, in Stowford House, aged 103. We send our love and condolences to her son, Brian, (see pp 15-17). We also send our love and best wishes to George and Marilyn Cobb on the death of Marilyn's mother, Eileen Samphire, on 15th May. Eileen was 99 years old and a member of the Victoria Methodist Church in Bristol since she moved from Abingdon. Eileen and her husband Bert were members of Trinity for many years. We also give thanks for the life of Margaret Butcher who died on May 19th and send our love to her family. The details of her funeral will be announced later.

Our thoughts and prayers are with all those who have been unwell recently or have been unable to come to church.

"In You, Father, we are one family in earth and heaven"

Editors' note:

Eileen and Bert Samphire arrived in Abingdon in 1961. Bert was the treasurer for the Guild and the Senior Steward at Trinity as well as being a Circuit Steward and Eileen took part in the life of church, particularly in hospitality. Eileen and the family gave the cross to Trinity which is in the Welcome Area in remembrance of Bert.



GIFT DAY 2026

Hopefully the sun will shine, as there is an opportunity to meet together for an afternoon cream tea on Saturday 27th June 3.00 – 5.30 pm on the lawn and in the Conduit Centre.

This will be an opportunity to learn about why we need to spend significantly to maintain the roofing and guttering for the church and Conduit Centre. The works, once undertaken, should allow us to continue to enjoy using the buildings for years to come.

Trinity sadly no longer has the reserves to pay for such works, so we are appealing to the generosity of members and friends of Trinity alike, to allow us to undertake the works in a timely fashion.

Early indications are that we need in the region of £25,000 though we are gathering multiple quotes.

Also, maintenance aside, Trinity, still operates year by year, with a significant deficit which is not sustainable forever, so again we are asking everyone prayerfully to look at what they are able give to Trinity as part of their regular giving. There will be financial illustrations available to show what impact a 5, 10, 15% increase in regular giving will have on our day-to-day finances. The Trustees are well aware that there are extreme pressures on household budgets as a consequence of global conflict at the moment, so even if you can only spare a little more, anything is appreciated.

The Trustees very much hope that everyone will be able to attend on the day. However, if you can't attend but are mindful to make a contribution to the roof fund (hopefully with Gift Aid) then please make payment to Trinity Church and send an e mail to the treasurer Tom Kyffin tom_kyffin@hotmail.com alerting him to your gift.

TRINITY BANK DETAILS

HSBC UK
Trinity Church Abingdon
40-35-34
44211952

Please include 'gift' in the reference
Trinity Trustees





Choral Concert at Trinity

On Saturday evening 16th May, we were entertained at Trinity by a small orchestra accompanying three choirs in an evening of Handel's and Vivaldi's beautiful choral music. The programme began with a spine-tingling performance of Handel's Zadok the Priest, reminding us of royal coronations since 1727 when his setting began to be used. The orchestral introduction could not prepare you for the amazing volume of sound produced by a joint choir of about one hundred voices. This is a very special choir. It combines the East Oxford Community Choir, Ensemble Vocal Interlude from Grenoble and Saltsjobaden Chamber Choir from Stockholm who come together after months of practice in their home towns.

The next piece was Vivaldi's Gloria, with talented soloists. It was probably written in 1716 for Ospedale della Pieta, an institution for orphaned and abandoned girls in Venice, where Vivaldi became the music director. The solos are for female voices only because it was written for the girls at the school.

After an interval, we were treated to more Handel - his Dixit Dominus, written in 1707 when Handel was only 22. It is a setting of Psalm 110 and foretells the coming of the Messiah.

The orchestra and choir occupied at least half of the church. Their glorious sound filled the space to the roof singing praise to God. It was a remarkable experience. We sat on the balcony which gave us an excellent view of this joint choir - something rather heart warming at a time when the world seems so divided. We hope they return for further concerts in the future.

Heather and Stuart Townsend



| | | | | | | |
|------------|------------------------------------------------------|------------------------------------------------|--------|--------|--------|--------|
| Mon 1st | 5.30pm | Beavers | 6.45pm | Cubs | 7.30pm | Scouts |
| Wed 3rd | 5.15pm | Brownies | 7.00pm | Guides | | |
| Thurs 4th | 9.30am | Trinity Toddler Group | | | | |
| Fri 5th | 10.30am | Virtual Prayer Support Group | | | | |
| | 9.30am | Coffee 10.00 – 10.45am SOFEA Larder | | | | |
| Sat 6th | Church Coffee Morning 10.30am -12.30 The Growth Plan | | | | | |
| Sun 7th | 10.30am | Morning Worship with Communion led by Georgina | | | | |
| Mon 8th | 5.30pm | Beavers | 6.45pm | Cubs | 7.30pm | Scouts |
| Wed 10th | 5.15pm | Brownies | 7.00pm | Guides | | |
| Thurs 11th | 9.30am | Trinity Toddler Group | | | | |
| | 7.00pm | The Thursday Group: Walk and Cream Tea | | | | |
| Fri 12th | 10.30am | Virtual Prayer Support Group | | | | |
| | 9.30am | Coffee 10.00 – 10.45am SOFEA Larder | | | | |

Deadline for July and August issue of Triangle

| | | | | | | |
|------------|---------|--------------------------------------------|---------|--------|--------|--------|
| Sun 14th | 10.30am | Morning Worship led by Revd. Wayne Hawkins | | | | |
| Mon 15th | 2.30pm | Evergreen: Steve Rich: Abingdon Town Band | | | | |
| | 5.30pm | Beavers | 6.45pm | Cubs | 7.30pm | Scouts |
| Wed 17th | 5.15pm | Brownies | 7.00 pm | Guides | | |
| Thurs 18th | 9.30am | Trinity Toddler Group | | | | |
| Fri 19th | 10.30am | Virtual Prayer Support Group | | | | |
| | 9.30am | Coffee 10.00 – 10.45am SOFEA Larder | | | | |
| Sun 21st | 10.30am | Morning Worship led Revd. Pauline Main | | | | |
| Mon 22nd | 5.30pm | Beavers | 6.45pm | Cubs | 7.30pm | Scouts |
| Wed 24th | 5.15pm | Brownies | 7.00pm | Guides | | |
| Thurs 25th | 9.30am | Trinity Toddler Group | | | | |
| Fri 26th | 9.30am | Coffee 10.00 – 10.45am SOFEA Larder | | | | |

Sat 27th GIFT DAY with a Cream Tea 3.00-5.30pm
 Sun 28th 10.30am Morning Worship led by Revd. Alan Grist
 6.30pm Reflective Evening Service
 Mon 29th 10.30am Virtual Prayer Support Group



Sun 7th 10.30am Morning Worship with Communion led by Georgina

**Deadline for July & August issue of the Triangle
 Friday 12 June 26**

**PLEASE NOTE EARLY DEADLINE FOR THIS JOINT
 JULY/AUGUST EDITION**

Please send contributions to Cynthia (cynbartlett@yahoo.co.uk)
 AND to Val (vadalby17@gmail.com) or via the Office.

Trinity Evergreen Club - Monday 15th June

We are delighted that Steven Rich of The Abingdon Town Band is coming to our meeting to give a talk. We have been trying to get him for some time!!! Everyone likes to listen to a Band playing - and I am sure we shall all be interested to hear what he has to say. We start at the normal time of 2.30pm and there will be tea and biscuits as usual.

Tricia Cook

**Church Coffee Morning,
 Saturday 6 June, 10:30-12:30
 The Conduit Centre.**

This will provide people with a chance to contribute to the Church Growth Plan and to share ideas and thoughts on where we are and our future plans.



Introducing Hannah Richards, Education Development Officer at TrinityLearning, September 2026



I am delighted to be TrinityLearning's new Education Development Officer and look forward to joining the wonderful Trinity team. Having greatly benefitted from local toddler groups it is the perfect time to step into a role where I feel I can use my values and strengths to benefit local children. I look forward to being part of a charity that continues to innovate and deliver worthwhile initiatives for our community.

Having completed a BA (Hons) in Philosophy and an MA in Diplomacy at Nottingham University I then moved to

Oxford to complete a Post Graduate Certificate in Education (PGCE). While my initial move to Abingdon was intended to be temporary, I completely fell in love with the town - its beautiful walks, rich history, and the fantastic opportunities it has provided for my family. Nearly 16 years later, we are very happy to call Abingdon home!

Following my PGCE, I spent 12 years as a primary teacher, most recently serving as Head of Lower Prep. in a Preparatory School. During this role, I gained experience in managing teaching teams, encouraging academic engagement, and overseeing safeguarding as Deputy Safeguarding Lead. Beyond the classroom, one of my most cherished memories was serving as School Charity Coordinator, where I collaborated with some amazing local causes.

After a wonderful period at home with my daughter, who begins her own exciting journey into Reception this September, I have been focusing on further training. I recently completed a course on Children's Mental Health at Newbury College, as well as a foundation course in Art as Therapy. Since 2013, I have been a regular volunteer at the Oxford University Museums, most recently helping with Family Friendly Sundays

at the Museum of Natural History. Being a volunteer myself has given me a deep appreciation for the vital role volunteers play, and the powerful human need to be part of something purposeful and valued.

Outside of work, I can usually be found growing flowers in the garden, lost in a good book, planning a new travel adventure with my family, or talking to our very chatty cat.

It has been lovely meeting many of our fantastic volunteers and trustees already. If we haven't crossed paths yet, please pop by in September to say hello!

Volunteer opportunities for this September from Nicola Williams

TrinityLearning offers a wide range of volunteer opportunities including one off and on-going projects in local schools as well as roles in supporting projects through creating craft packs, knitting and crocheting small bears for our Bereavement Packs or helping to maintain school peace gardens.

We are currently looking for volunteers for our Thinking Books project for the 2026-27 school year starting in September. Thinking Books is TrinityLearning's mentoring scheme for primary schools. Our volunteer mentors go into schools regularly to meet children one-to-one or in small groups. They share



reading of carefully selected books which start conversations about feelings and relationships. Thinking Books volunteers commit to weekly one-hour sessions in a local primary school. TrinityLearning is committed to Safeguarding. We provide full training and support volunteers through the application process and DBS checks as well as providing ongoing support and training throughout the project.

If you're interested in Thinking Books or want to find out more about any of TrinityLearning's volunteer opportunities please contact Nicola at nic.trinitylearning@gmail.com.

Celebrating our wonderful volunteers!

On Tuesday 19th May we met up with many of our wonderful volunteers, supporters and representatives of the schools we support. It was so good to see everyone again and share some of the fantastic things

TrinityLearning has been doing over the last year. I'll post more about that next month!



Volunteers from a wide range of projects including Thinking Books, the Kingfisher Singing Group, Experience Easter (story tellers and craft preparers), Peace Gardens, knitters and crocheters of Bereavement bears and supporters of TrinityLearning came together to enjoy a fabulous afternoon tea provided by the TrinityLearning Trustees.



The event also provided a great opportunity to introduce Hannah, who really enjoyed meeting a range of our Trinity Learning Community. It was also an opportunity for me to say thank you for all of your help and support over my 7 years as Education Development Officer. I have thoroughly enjoyed my time at TrinityLearning and being a part of the Trinity and All Saints community. Thank you all also for my very generous gift, which I will be using to buy art supplies and books as I am hoping to spend more time drawing and painting once I finally leave my role here at the end of August.

Mary McIlwrath

Mum's Life - by Brian

Mary was born Mary Jenkins near the village of Ballynure in County Antrim in Northern Ireland in 1922, grew up with her mother, Ina Jenkins and lived a rural country farming life of that era. She came from a generation that understood hard work before they understood comfort.

Interestingly, Mary was born only a year after Northern Ireland itself came into existence in 1921. Rural County Antrim life in the 1920s was simple and demanding; many families lived with very little money, but a strong sense of duty and pride and farming families worked from dawn to dusk.

Mary would have been expected to help early – feeding hens, gathering eggs, carrying turf or coal, minding younger children, bringing water, or helping with harvests. Mary's local primary school was 1.5 miles walk each way, with pupils expected to walk.

Most homes had no modern heating, washing machines, indoor bathrooms, or televisions and entertainment came from people, not technology. She belonged to a time when neighbours were family and community meant truly looking after one another.

At 16 she went to the local technical college and then into office work in a local Paper Mill. At 18, she joined the Comptometer School in Belfast (a now-unknown device that mechanically helped calculate bills or payroll for firms, a forerunner to computers).

Though she was born into the rhythms of rural County Antrim, she belonged equally to a new generation of women who stepped into the modern world. Going to Comptometer School gave her skills, independence, and opportunities that her mother's generation could scarcely have imagined. It is easy to imagine the clattering sound of comptometer keys in a busy office and mainly young women racing one another to total columns of figures.

This school arranged several postings to local firms after her training, including the Belfast City Hall and Short and Harland, an aircraft manufacturer. The latter was where she met her future husband, Arthur. After their marriage in 1949 she, rather contrary to the norms of that era, went back to work at the City Hall full-time for some years until Brian arrived.

Her much-loved husband, Arthur, joined Rowntree's - the chocolate manufacturer - in Northern Ireland as a salesman. As would be less

common in present times he stayed with this one company, through its changes via Rowntree-Mackintosh to finally part of Nestlé UK - eventually rising to a senior management level. A downside of this success was that steady promotions every 5 years or so caused family upheaval with house moves to first near to Glasgow, then the Cheshire commuter belt near Manchester and, eventually, to the head-office and factory in York.

Always staying closely connected to her family, Mary, Arthur and Brian returned to Northern Ireland every year, to visit Ina while she was living and, later, to still visit other relatives and childhood friends. There was also a memorable family holiday to visit two of Arthurs' brothers who had both emigrated to Toronto in Canada and several long car expeditions to the south of France.

It was an immense family tragedy when Arthur died very suddenly, and not long before his retirement, in 1980.

Mary stayed in York for some years, mostly on her own – as Brian was working elsewhere - and tried a return for 3 years or so to Northern Ireland to be nearer her relatives and friends. Eventually, she came to Marcham in 1991 to be nearer to Brian - while still preferring to be in her own smaller home.

She became an active member of Trinity Church, being a regular Sunday attendee and helping bake at times for the Catering Committee. She was most grateful to Ernest and Nan Draper for very many lifts to and from her home and the church. In addition, she joined in Village life with such events as the Bingo at Duffield Place and the Wednesday lunchtime village meal at the Village Hall. She visited Northern Ireland each summer for as long as she was able (Joyce and Sam Lewis and Bertha Howie were notable favourites). She also had an independent and adventurous streak with many foreign holidays with – mainly - SAGA or, occasionally, Brian. These took her as far afield as Canada, the USA, Thailand – which was a firm favourite of hers - and South Africa. In addition, her weekly bus expeditions to the Oxford shops – including coffee - gave her a lot of pleasure.

She was always an excellent cook and enjoyed both doing this, from a generation that could bake or cook from memory without recipes, and saving string, buttons, jars, and wrapping paper because “it might come in useful.” Along with enjoying time spent gardening at home – she had more than one trip to the Chelsea Flower Show. She watched television avidly in the evenings and enjoyed reading the newspaper from cover to cover.

Her health was very good to well beyond her 90th birthday. After then increasing problems with mainly failing eyesight - but also blocked ears and declining strength - started to make things harder.

Living at home took longer for routine tasks - including her TV and newspapers. She continued to keep in regular phone contact with her Northern Irish friends even after no longer able to visit in person. She was still resistant to giving up her independence, but had been seriously considering moving into Care when it happened rather drastically and at the worst possible time!

At age 97 in June 2020, and during the initial Covid pandemic, she had a fall in her own kitchen, which broke her hip. Covid restrictions made this event even worse than it would normally have been, as visiting and getting physiotherapy were very restricted.

Her use of a wheelchair at that point, unfortunately, became the norm for the remainder of her life. She was also forced to go into Care which was again a harder transition than normal, with visitors only being allowed, initially, once each week into screened areas. She really missed the more practical help and emotional support to try to adjust to the concurrent life events of being in Care and needing a wheelchair.

She has been in Stowford House Care Home since September 2020. While well looked after, things had been going rather less well in recent years, with escalating health challenges, some dementia and further macular eyesight worsening, meaning she could not watch TV.

Despite these concerns, there were also some high points too, such as a special 100th Birthday meal for her and Brian, a card from the King and Queen, similar Christmas and other milestone meals and Care Home events in the garden or outings in their minibus.

She had been feeling sleepy more often over the past year, but she was usually happy to see any visitors. Brian is immensely grateful for her long and mostly healthy life, and although he will miss her deeply, he finds some comfort in knowing that she is now free from the struggles she faced in recent years.

In her 103 years, Mary saw a world change beyond anything imaginable — from horse carts to televisions, from oil lamps to mobile phones — yet she remained grounded in the same values she learned as a little girl in Ballynure: hard work, faith, kindness, and family. The world that shaped her was simple in many ways, but it produced people of extraordinary strength and fortitude. What a wonderful legacy to leave.

The lightness of being a Christian

*Beloved Jesus, your voice calls,
to tell me that the burdens of life with you
are light and easy, that I will find rest and joy.
You call me to leave behind the winter of sorrow
and the dull drip of boredom and grief,
to enjoy flowers and singing, vines and figs,
the glory of life restored and full again.
you call me beautiful and take my hand.
And when I am bowed down, you raise me up.*

*Beloved Jesus, give me grace to hear your voice.
You have played the flute for me before,
but I did not dance with you,
and I am sometimes yoked to other things
that shape my world and my ways.
But even then, I know that you are close to me
blessing me and calling me to hear your tune,
to come away with you.
In your desire for me, you call my name.*

*Beloved Jesus, I will come away and dance to your music.
I leave behind the heavy burdens of my past
and welcome the summer of your love.
Your voice is sweet, your face is lovely,
and you raise me up to a gentle lightness of being.*

Susan Durber ('Touching God' URC Prayer Handbook 2026)

Prayer for the Feast of St Barnabas: June 11th

*O Lord of mercy and truth,
who called Barnabas to be a son of encouragement,
grant that we, like him,
may bring comfort to the weary,
steadfastness to the wavering,
and hope to the broken in heart.*

*Teach us to rejoice in the faith of others,
to give generously without counting the cost,
and to walk in the light of Your Spirit,
that our lives may bear witness
to the grace of your Son, Jesus Christ,
who lives and reigns with you and the Holy Spirit,
one God, now and forever.*

Amen.

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