



**TRINITY CHURCH**  
**(Methodist & United Reformed)**

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*'Serving God, serving each other, serving community'*

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**In church Services are currently suspended until further notice.**

The provision of Service Sheets to Worship at Home, and Notices will continue.

## **NOTICES 21 February 2021**

*Dear Friends,*

As I write it is Ash Wednesday. Lent has begun. The fun of the pancake races are over. In the service where people are marked with ash, there are two sentences: 'Remember that you are dust and to dust you will return' and the more hopeful and positive, 'Turn away from sin and be faithful to Christ'.

It is this second phrase that holds the key to all that Lent is about. Turning, or returning to God and Godly values, principles and ways of living. To do that, we might need to give something up, or take something on, maybe both. But this is the season to draw near to God and learn of his will for us and for his Church. Maybe the lockdown during this pandemic gives us further opportunity to seek God than we might otherwise have had. So why not take it and start a new adventure with God? For God promises to be with us every step of the way.

*Every blessing,*

*Ian*



We give thanks for the life of

**Rosemary Perrow**

who died on Friday 19 February

David has asked for prayers for her, and for the family

No flowers please, either now or for the funeral

and also for  
**Eileen Pennington**  
who died on Saturday 6 February, peacefully at Ledbury Nursing Home  
and we remember her family in our prayers  
Her funeral, at 11:15am on 22 February, can be attended online,  
please contact the office if you would like details.

## CHURCH NEWS

### This week's rhyme

Have you had your Vaccine dose  
and hoping the second one is getting close?  
Or else you are too young and agile?  
So will have to wait for quite a while.  
But there's no age barrier for prayer,  
No queue, no waiting list, just straight there  
To share your loneliness, grief, pain or despair.  
Your Church friends, too, can be reached by phone,  
by email and Zoom so you are not alone.

*Margaret Langsford*



### DON'T FORGET

**Church Meeting Tuesday 23 February, 7:30pm by Zoom**  
(see February Triangle for more details).

The papers for this are available on line including alternate ways of making your voice heard!



**Action for Children:** we are also looking for a Trinity Action for Children representative. If you think that could be you please speak to Cynthia.

### MISSION AND ACTION FOR CHILDREN BOXES

This is the time of year when these boxes would be collected in and counted. This is not possible at present, so Tom Kyffin has agreed that box-holders should empty their own boxes and send the money, either by cheque (made payable to Trinity Church) to him at 1, Godwyn Close, Abingdon, OX14 1BU, or to the church Bank Account (The Trinity Church Abingdon Methodist Church, Sort Code 40-35-34, Account No. 44211952). Please indicate clearly that the funds are for Action for Children.

You will see from the papers for the Church Meeting that, to keep Trinity financially viable the proportion of Trinity's income which is given to charity will have to be halved. Where **World Mission** is concerned, the pandemic has INCREASED the need, so we need to find other ways to raise the money. One way is for more people to have Mission Boxes, which I can supply. Also, if you are giving something up for Lent, perhaps you could consider giving the money you save to Mission. Do you have other ideas?



**Trinity Triangle:** the deadline for submissions for the March edition of Trinity Triangle is **Sunday 21 February**. Contributions please via email to Cynthia or Val Dalby, or email / hard copy via the Office

**Guided Meditations:** Following the success of the Introductory Course, the Rev Eileen Appleyard of All Saints, is planning a follow-up course, after Easter based on some of the Easter stories. There will be five or six meetings in this series beginning on the 15th April at 7.30pm on Zoom. To register please contact her by email [eileenappleyard13@gmail.com](mailto:eileenappleyard13@gmail.com), if you can do that as soon as possible planning can start.

**Lent Reflections:** Wednesday 17th February is Ash Wednesday, the beginning of Lent. Deacon Selina has prepared a series of weekly Lent Reflections, which will become available on the All Saints' website on the Wednesdays in Lent and over the Easter weekend: <https://www.allsaintsabingdon.org.uk/news/church-news.html>

There will also be **Circuit wide Lenten study group** on Tuesdays, via Zoom, with the sessions lasting for one hour from 7:30pm-8:30pm. We will be using "Woven" a Lenten study written and compiled by Revd Michaela Youngson, the former President of Conference. Everyone is welcome to join in and take part.

Each study will follow the pattern of

A short act of opening worship and setting the scene,  
Presentation and input,

Break Out groups (each with a small number of participants for guided conversation  
and discussion)

Short plenary and closing devotions.

The themes are:

Tuesday 23rd February - Week 1 Into the wilderness

Tuesday 2nd March - Week 2 On the mountain top

All those who are already on the Zoom Sunday Service distribution list will automatically receive an invitation. If you currently do not take part in the Zoom services but would like to be part of this initiative or if you are aware of others who might like to join in, please contact Revd Keith directly so that he can add you, and them, to the list.

## COMMUNITY NEWS

**Quiet Garden Day** on Saturday 27 February 2021 10 am - 4 pm. Leaders: Sue Sheppy and Keith Green. Title: Absence and Presence. This will be on Zoom, but with plenty of off-screen time throughout the day. Let Abigail Perrow ([abi.perrow@googlemail.com](mailto:abi.perrow@googlemail.com)) know if you wish to attend and she will send you the materials for reflection and the Zoom link, nearer to the time.

## WORSHIP

**By phone: Listen to a prayer 0808 281 2514 or News: 0808 281 2478 or a pastoral message from the President and Vice-President of Conference 0808 281 2695**

**Spiritual sustenance when in isolation.** During this time of lockdown a new page on the Methodist Church website signposts resources to help nourish our spiritual life. See more: <https://www.methodist.org.uk/about-us/coronavirus/spiritual-sustenance-when-in-isolation>

**In the Circuit:** Keith leads an on-line Zoom service, Sunday mornings at 10:30am. If you would like to join in or know more about this, please contact him - [keith.underhill@methodist.org.uk](mailto:keith.underhill@methodist.org.uk). A short *Act of Worship* will also be posted on the [Circuit YouTube channel](#)

**More widely the Methodist and URC are making resources available on line:**

**Methodist** or see <https://Methodist.org.uk>

**Methodist Central Hall** – weekly Service and catch up

**Wesley's Chapel & Leysian Mission** – daily Service and catch up

**URC** or see <https://urc.org.uk/>



### **Action for Children: Supporting parents through lockdown**

The demand for parenting support during lockdown has grown as families have struggled to balance home schooling, childcare and work. Ruth Stokes from **Action for Children** reports on how the charity has responded.

In the middle of the first wave of the coronavirus pandemic, children's charity **Action for Children** launched a new service for parents. The advice website and one-to-one chat - **Parent Talk** - was a response to a growing number of parents needing help and guidance.

In June the charity and YouGov asked more than 2,000 parents how the coronavirus pandemic was impacting them and their families. More than one in three parents said they felt out of their depth. Over a third said they were struggling due a lack of usual support.

This reflected what the charity was seeing in its own services: in the first three months of lockdown, there was a surge of 417% to its existing digital parenting advice.

#### **Down-to-earth advice, when it's needed**

Parent Talk offers down-to-earth parenting advice, when it's needed. Parents can browse articles on the most common parenting questions, or talk one-to-one with a qualified parenting coach about anything that's worrying them.

The charity sees parents come to the service with a range of needs: from emotional wellbeing and mental health to behaviour, development and co-parenting.

The Parent Talk website builds on the charity's successful one-to-one chat service, which has supported more than 450,000 parents since its pilot in 2018. This includes more than 11,500 one-to-one chats.

#### **Developing essential, continued support**

Recent data shows that 90% of parents rate the support from one-to-one conversations at 4 or 5 out of 5, while 79% of parents say they feel supported after accessing the information, advice and guidance content on the website.

The site is reaching a large number of parents around the UK - between July and December 2020, it helped 233,647 families. And the need for support remains high. That means that a priority for the team is now working to ensure the service is sustainable for the long-term, to allow them to reach more parents when they need support.

Alongside this, they're using parental feedback and data to develop the service and help people find what they need as quickly and easily as possible.

This feedback also helps the team see the difference they're making. As one parent said, "She [the adviser] offered more help to me in our short conversation than I've had in years of trying to get help for my son. I cannot thank her enough."

Find out more or get support by visiting **Parent Talk**.